

# PERSONAL DISCIPLESHIP PLAN

"A disciple is not above his teacher, but everyone when he is fully trained will be like his teacher."

Luke 6:40

This Personal Discipleship Plan (PDP) is a practical tool designed to help you intentionally shape and track your growth in becoming more like Christ. Spiritual growth begins with abiding or being connected to Jesus, the true vine. We are committed to learning how and practicing ways to live like Jesus.

Remember, always, that spiritual growth is a gospel-centered, journey of grace, not performance.

- At times, we may slip into a performance-driven mindset, believing that our spiritual growth determines God's acceptance of us. This kind of growth stems from the thought, "I must grow to be accepted by God."
- In contrast, gospel-centered growth flows from the grace of God. It reminds us that "I am already accepted by God, and because of His love, I desire to grow to reflect Jesus more and more."

There are six essential areas of growth as a disciple of Jesus:

- **1. Rooted in Christ** Cultivating intimacy with God through prayer, Scripture, and worship.
- **2. Anchored in Truth –** Deepening knowledge of God's Word and truth.
- **3. Shaped by Grace** Reflecting the character of Christ in daily life.
- **4. Stewardship of Mind, Body, and Resources** Honoring God with our entire being.
- **5. Living in Community** Building and nurturing authentic, grace-filled relationships.
- **6. Sent with Purpose** Living out the gospel by serving others and sharing Christ's love.

#### **Rooted in Christ**

As disciples, we cultivate this connection by engaging in practices that nourish our faith and deepen our relationship with Him. Take a moment and reflect on key habits/disciplines:

- Are you spending time in God's Word daily?
- Are you meditating on and memorizing God's Word?
- Are you consistent in prayer?
- Are you prioritizing gathered worship?

# Action Steps:

1. Identify areas where progress is present:

2. What are areas where growth is needed?

3. What steps can I take toward greater growth?

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#### **Anchored in Truth**

Being anchored in truth protects us from drifting and strengthens your faith. Reflect on how you are growing in your study of Scripture and theological understanding:

- Are you deepening your understanding of core Christian doctrines?
- Do you regularly read books or listen to podcasts by trusted theologians and pastors?
- Are you able to explain key aspects of the gospel and defend your faith when asked?
- How are you applying theological truths to your daily life and decisions?
- Are you growing in discernment, recognizing and resisting false teaching or cultural distortions of biblical truth?
- Do you find that your theological growth leads to greater love, humility, and service?

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#### **Shaped by Grace**

The grace of God shapes our character to greater Christ-likeness. Consider how you reflect Christ's love and humility in your life:

- Do you respond with kindness and humility in challenging situations?
- Do you consistently demonstrate love and grace to those around you, even when it is difficult?
- Are you growing in your ability to forgive and extend mercy to others as Christ has forgiven you?
- How do you respond to those who disagree with or mistreat you? Does your response reflect the heart of Christ?
- Do you remain patient in frustrating circumstances, trusting God's timing and sovereignty?
- Are you relying on the Holy Spirit to transform you, or are you trying to change through your own effort alone?

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### Stewardship of Mind, Body, and Treasure

We honor God by stewarding our health, emotions, and finances. Reflect on how you honor God with the gifts God has entrusted to you:

- Do you honor your body as a temple of the Lord?
- Are you experiencing victory over temptation in thought and action?
- Do you manage stress with trust in God's provision?
- Are your eating habits healthy?
- Do you maintain regular physical exercise?
- Are you getting sufficient rest and sleep?
- Do you experience lasting joy rooted in Christ?
- Do you live within your means?
- Do you give regularly and sacrificially to your church?

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#### **Living in Community**

Authentic community is vital for spiritual growth. Reflect on how you engage with and invest in the people God has placed around you:

- Are your friendships marked by encouragement and grace?
- Do you readily forgive those who offend you?
- Do you cherish your spouse and faithfully honor your vows?
- Do your family and friends feel valued through your time and attention?
- Do you express love and care for your brothers and sisters in Christ?

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### **Sent with Purpose**

Disciples are called to live missionally, sharing the gospel in word and actions. Reflect on how you live out this calling:

- Do you seek opportunities to share the gospel with love and clarity?
- Do you seek the welfare of your city and community, reflecting God's heart for your neighbors?
- Are you actively supporting efforts to take the gospel to all nations, even to the ends of the earth?

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	My Personal Discipleship Plan	
Area of Focus	My plan for greater growth	How/When?
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
Growth by God's grace is also accelerated when we share our aspirations with others. Once you have completed your PDP, find a trusted friend with whom you can share your plan and who will commit to pray for and encourage you.		
Name:		_
Date:		