

Abide in Me

John 15:4
*Bible studies for disciples
who make disciples*



Volume 7 - Number 10

The week of January 23, 2022

8 Habits for Growth
Habit #3: Engage the Bible
Psalm 19:7-14

This week's habit is to engage the Bible by reading or listening to Scripture every day.

AS YOU BEGIN, REMEMBER...

- Our *strategy* in this series is for you to become spiritually fit and to maintain such fitness for the rest of your life.
- The *goal* in this series is for you to find your deepest satisfaction in God.

READ THE PASSAGE (Psalm 19:1-14)

- Read through the entire psalm, verses 1-14.
- Now go back and read verses 7-9 again. Place a complete box around each *designation* of the Bible; place in brackets each *quality* of the Bible; and draw a circle around each *function* of the Bible (Note: You should end up with 6 nouns, 6 adjectives, and 6 verbs).

⁷ The law of the Lord is perfect,
reviving the soul;
the testimony of the Lord is sure,
making wise the simple;
⁸ the precepts of the Lord are right,
rejoicing the heart;
the commandment of the Lord is pure,
enlightening the eyes;
⁹ the fear of the Lord is clean,
enduring forever;
the rules of the Lord are true,
and righteous altogether.

¹⁰ More to be desired are they than gold,
even much fine gold;
sweeter also than honey
and drippings of the honeycomb.

¹¹ Moreover, by them is your servant warned;
in keeping them there is great reward.

¹² Who can discern his errors?
Declare me innocent from hidden faults.
¹³ Keep back your servant also from presumptuous sins;
let them not have dominion over me!
Then I shall be blameless,
and innocent of great transgression.
¹⁴ Let the words of my mouth and the meditation of my heart
be acceptable in your sight,
O Lord, my rock and my redeemer.

EXPLORING THE PASSAGE TOGETHER

1. Psalm 19:1-6 focus on the glory of God as reflected in creation. What does the created order tell us about God?
2. Why is the grandeur of creation a wonderful, yet insufficient means of knowing who God is and what He requires?
3. Why did God know that we needed the unique and special revelation of His Word? What do we know about the character of God from the Bible that creation alone cannot make known?

READ PSALM 19:7-9

4. List the six designations (i.e. nouns) of the Bible. Which one of the six surprises you, stands out to you, and convicts you?
5. List the six qualities (i.e. adjectives) of the Bible. Which one of the six is truly meaningful to you and is your most secure anchor right now?
6. List the six functions (i.e. verbs) of the Bible. Which one of the six do you need the most right now and encourages you to engage the Bible daily?
7. Share about a time recently when reading the Bible was exactly what you needed at that moment.

8. Read Psalm 19:10. What is the psalmist saying about the Bible? What other comparisons might you make about the value of God's Word? How does this motivate you to engage the Bible daily and develop a plan for reading or listening to it?
9. Review the steps in "What to Do Today" on p. 104 in *8 Habits to Growth*. Encourage and pray for one another in pursuing the first three habits.

Week Three Reading Guide for *8 Habits for Growth* (pages 78-107)

Each habit has six lessons and six sets of questions. Take 10 to 15 minutes to read each lesson and then Reflect and Respond. For each day, we've taken one or two of the most important questions from *8 Habits for Growth*.

Monday, January 24 (Lesson 1, pp. 78-84)

- What will you do today to read or listen to the Bible?

Tuesday, January 25 (Lesson 2, pp. 85-88)

- What do you find difficult about reading or listening to the Bible?
- What small steps will you take to read or listen to the Bible today?

Wednesday, January 26 (Lesson 3, pp. 89-93)

- What part of the Bible do you enjoy the most? What part are you least comfortable with?
- How can you keep things simple as you read or listen to the Bible today?

Thursday, January 27 (Lesson 4, pp. 94-98)

- What tool will you use and what questions will you ask as you read or listen to the Bible today?
- What small steps will you take to read or listen to the Bible today?

Friday, January 28 (Lesson 5, pp. 99-102)

- What have you encountered in the Bible recently that points to Jesus?
- What's been the most enjoyable part of reading or listening to the Bible this week? What's been the hardest part of reading or listening to the Bible this week?

Saturday, January 29 (Lesson 6, pp. 103-107)

- What are some approaches to reading or listening to the Bible that you've found most effective?

